

“Healing and helping people in need through the ministry of Jesus Christ”



WLCFS
Christian Family Solutions
healing. helping.

Winter 2014-2015
Ministry Update

Since 1965, the mission of WLCFS-Christian Family Solutions has been to heal and help people in need through the ministry of Jesus Christ. We accomplish this through our counseling services, home care, and senior living solutions.

Christian Family Counseling

Through highly skilled, licensed, and professional WELS/ELS therapists, Christian Family Counseling provides mental health care and assistance to WELS/ELS members and their communities. (Services are available in both English and Spanish.) Christian Family Counseling offers mental health care to individuals, couples, and families from children through adults at 14 certified outpatient clinics throughout Wisconsin and Minnesota. Counseling services are available on site at these locations or via secure video. Many insurance companies are beginning to provide coverage for secure video sessions—contact Christian Family Counseling to verify insurance benefits or other payment options. To meet our counselors, visit www.ChristianFamilySolutions.org to view their new video biographies. Also visit our website for our clinic locations.

UPDATE
FOCUS

Educational Presentations *(please see back for more information)*

The staff of WLCFS Christian Family Counseling also offers educational presentations and in-service workshops on timely topics to small groups and organizations. Ranging from parent-teacher presentations on bullying to workshops on how to help parents raise physically and spiritually healthy children, the staff of WLCFS Christian Family Counseling can work with your organization to tailor a program that best fits your needs. Presentations can be in-person or via live video.

Member Assistance Program

The Member Assistance Program (MAP) is a customized and comprehensive way for churches, schools, or other organizations to assist in meeting the emotional or psychological needs of their members by providing them with convenient, affordable services ranging from health and wellness educational programs to live, online counseling. Organizations using MAP can offer services through WLCFS-Christian Family Solutions to their members as a benefit of membership with services offered at no direct cost to the individual being served. Through this program, counselors can now provide services not only by telephone or in person at one of our counseling offices, but also through live, interactive video conferencing right from the member's own home or organization.

Senior Care

Since the beginning, WLCFS has provided care for seniors. Over time that care has grown to include:

In-Home Care

Non-medical home care, elder care navigation, and in-home technology options for adults and seniors.

Senior Living Communities

The Gardens of Hartford—assisted living; 112 Peace Lutheran Parkway, Hartford, WI
Wisconsin Lutheran Living Center—assisted living; 9035 N. 97th Street, Milwaukee, WI

For full information about all of our ministries and services, please visit our website at www.ChristianFamilySolutions.org or call 888.685.9522.

healing & helping

“Standing Up to Bullying” Educational Presentation

One of the best parts of our work here at WLCFS-Christian Family Solutions is being a resource to our schools. This past fall, WLCFS counselors Sarah Reik, LPC, and Megan Demianiuk, LMFT, gave a comprehensive bullying presentation at Fox Valley Lutheran High School (FVL) in Appleton.

During the school day, Sarah and Megan presented on bullying to students from the FVL federation grade schools and to the FVL high school students and faculty—**over 2,000 students in all**. What a tremendous blessing! That evening, Sarah also gave a presentation specifically geared toward parents.

The positive response to the bullying event at FVL was overwhelming! One grade school that attended had all their students sign anti-bullying contracts. Students from another made anti-bullying posters. A third reported taking information from the “What Schools Can Do” portion of the presentation to their school board to see which points could be incorporated into their classrooms.

Feedback was positive from the students as well. One 10-year-old from St. Peter’s in Appleton shared: “I’ve been bullied before, and some days I thought God wasn’t with me, because of what I was going through. After the presentation, I found out how to stop it. If you see someone getting bullied or you’re getting bullied, speak up. Don’t let them get you down. Don’t let them make you question your faith.”

If you are interested in offering the “Standing Up to Bullying” presentation to your organization, please see the following article.



Setting Up an Educational Presentation

WLCFS-Christian Family Solutions has over 30 WELS/ELS counselors on staff, many of whom provide educational presentations for faculties, students, and parents. Many of the presentations can not only be provided on-site in WI and MN, but also conveniently through live video conferencing. It’s a great opportunity to bring a mental health professional to your next faculty or staff meeting to discuss a topic such as **bullying, teenage self-harm, eating disorders, substance abuse, risks of social media, or other pertinent topics**. Certificates of attendance showing clock hours are also available for attendees.

A discount on the presentation fees is available for organizations that participate in the Member Assistance Program at WLCFS-Christian Family Solutions. For full pricing information, or to schedule an educational presentation, simply contact Ann Zuleger at **800.438.1772** or e-mail her at azuleger@wlcfs.org.

Welcome, New MAP Organizations! (as of November 2014)

Crown of Life Lutheran Church, Fort Myers, FL
Pilgrim Lutheran Church, Menomonee Falls, WI
Shepherd of the Hills Lutheran Church, Anchorage, AK
Zion Lutheran Church, Denver, CO
Our Redeemer Lutheran Church, Santa Barbara, CA
Trinity Lutheran Church, Campbellsport, WI
Bethany Lutheran Church, The Dalles, OR (ELS)
Goodview Trinity Lutheran Church, Winona, MN
West Lutheran High School, Plymouth, MN
Peace of Our Savior Lutheran Church, New Carlisle, OH
Huron Valley Lutheran High School, Westland, MI
Beautiful Savior Lutheran Church, Moncks Corner, SC
Grace Lutheran Church, Falls Church, VA
St. Croix Lutheran, West St. Paul, MN
Lincoln Heights Lutheran Church, Des Moines, IA
St. Paul Lutheran Church, Lake Mills, WI
Messiah Lutheran Church, Olympia, WA
Word of Life Lutheran School, Milwaukee, WI
Faith Lutheran Church, Fond du Lac, WI
Good Shepherd Lutheran Church, Fond du Lac, WI

Join
MAP

To learn more about becoming part of our Member Assistance Program, through which churches and schools can provide Christian counseling services to their members, visit our website or call Dan Nommensen at **800.438.1772**.

